

Prof. Tess van der Merwe
CHAIR OF SASSO

Honorary Clinical Professor & Researcher (UP)
MB ChB (UP) FCP (SA) PhD (Wits)
Registered Endocrinologist (Wits)

Director: CEMMS (SA)
Consultant: Africa Region World Obesity

Mrs. G Letnik
Executive Secretary
T / +27 (0)11 304 7821
F / +27 (0)11 304 7961
E / geraldine@sasomonline.co.za

Ms. I Vosloo
Personal Assistant
T / +27 (0)11 304 7975
E / pa@sasomonline.co.za

Program

Friday, 28 July:

- 15:30 – 16:45 Tea, registration and check-in
- 16:45 – 17:00 **Welcoming: Prof Tess van der Merwe**
- 17:00 – 18:00 **First plenary lecture: Prof Philip Schauer**
(Professor of Surgery at the Cleveland Clinic Lerner College of Medicine and
Director of the Cleveland Clinic Bariatric and Metabolic Institute)
Chair: Dr Ian Marr
‘Understanding the long-term efficacy of bariatric surgery on type 2 diabetes’
- 18:00 – 19:00 Snack platter and champagne
- 19:00 – 20:15 **Coordination: Prof Tess van der Merwe**
- 19:00 – 19:15 **Prize Giving: Prof Gerhard Lindeque**
(Head in the Department of Obstetrics and Gynecology at the University of
Pretoria as well as Deputy Dean and Chair in the School of Medicine, Faculty of
Health Sciences at the University of Pretoria)
- SASSO Award: Lifetime achievement in the field of cardio-metabolic medicine
- 19:15 – 20:00 **Award winning lecture: Prof James Ker (SA)**
Chair: Dr Etienne Swanepoel
‘What is the evidence?’
- 20:00 – 20:15 **Closing remarks: Dr Anchen Laubscher**

Financial Services

Mr. W Opperman
B.Com (Acc) SAIPA
PR 73CB7BC

T / +27 (0)11 304 7821
F / +27 (0)11 304 7961
E / wynand@wor.co.za

South African Society for Obesity & Metabolism

Bank / ABSA Bank
Acc No / 1001 841421
Branch / Menlyn
Code / 632005

Mailing Address

109 Korannaberg Road, Waterkloof Heights, Pretoria, 0181

Saturday, 29 July:

- 08:30 – 09:30 **First webinar: Prof Christopher Szabo (SA)**
Chair: Dr Francois Schutte
'Understanding eating disorders'
- 09:30 – 10:30 **Ethics lecture: Prof Mervyn Mer (SA)**
Chair: Dr Nico van Niekerk
'The year in review – Insights, Perspectives and Lessons'
- 10:30 – 11:00 **Invited lecture: Dr Heidi Lombaard (SA)**
Chair: Dr John-Barry Fichardt
'Anesthesia in bariatric surgery'
- 11:00 – 11:30 Tea break
- 11:30 – 12:30 **Named lecture: 'Per Björntorp lecture' Prof Philip Schauer**
(Professor of Surgery at the Cleveland Clinic Lerner College of Medicine and
Director of the Cleveland Clinic Bariatric and Metabolic Institute)
Chair: Prof Tess van der Merwe
'Why the DSS guidelines and STAMPEDE trial matters and what to do next'
- 12:30 – 13:00 **CEMMS speaker: Prof Tess van der Merwe (SA)**
Chair: Dr Sudha Naidoo
'New Data for SA'
- 13:00 – 14:00 Lunch
- 14:00 – 15:00 **Second webinar: What the general practitioner needs to know**
Chair: Dr Andre Potgieter
15 minutes each
Mr David Goncalves: Understanding the brittleness of the obese patient
Dr Gert du Toit: How to select the right patient
Dr Andre Potgieter: How to identify possible complications
Dr Irshaad Ebrahim: Sleep apnea in the obese
- 15:00 – 15:30 **Invited lecture: Dr Gary Fetter (SA)**
Chair: Dr Danie Fölcher
'What does the bariatric outcome data show for Waterfall City Hospital?'
- 15:30 – 16:30 Tea break
- 16:30 – 17:30 **Symposium by Welch Allyn**
Strategies for in-hospital care of bariatric patients: Petro Gunn
'Understand the implications of obesity and challenges encountered by bariatric patients'

* **Board meeting: 16:30 to 18:00**

‘Recognise the institutional barriers to effective care’
‘Identify readiness strategies which can help prevent injuries, enhance quality of care and improve outcomes’

- 20:00 Gala dinner & awards:
MC: Rian van Heerden
- Centre of the year
 - Outstanding contribution in the field of obesity

Sunday, 30 July:

09:00 – 10:00 Champagne breakfast

10:00 – 13:00 **Round table discussion: Moderator – Prof Tess van der Merwe**
Questions from the floor (to be collected Fri/Sat)
5 – 7 minutes each

Participants:

10:00 – 11:00 **First session: Surgery and complications**

- G. Fetter
- S. Naidoo
- A. Potgieter
- N. Van Niekerk
- G. Du Toit
- G. Heyns

11:00 – 11:30 Tea break

11:30 – 12:30 **Second session: Procedure selection**

- S. Naidoo
- JB. Fichardt
- F. Schutte
- D. Fölcher
- C. Cooper

12:30 – 12:50 **Summary of the highlights**
Dr Andre Potgieter

12:50 – 13:00 **Closing remarks**
Prof Tess van der Merwe

